







# WELCOME TO ADIYOGI-MADHURAI-RAMESHWARAM

The Isha Yoga Center, located near Coimbatore in Tamil Nadu, India, is a prominent spiritual and wellness destination founded by Sadhguru Jaggi Vasudev. It offers a wide array of programs and facilities aimed at promoting physical, mental, and spiritual well-being. Here's an overview of what the center encompasses:

- 1. Dhyanalinga: A unique meditative space and energy center.
- 2. Linga Bhairavi: A consecrated form representing the feminine divine.
- 3. Adiyogi Statue: A 112-foot statue of Lord Shiva, symbolizing the origin of yoga.
- 4. Spanda Hall and Garden: A large, column-free meditation hall that accommodates thousands of people.
- 5. Suryakund and Chandrakund: Energized water bodies designed for men and women, respectively, to experience the benefits of water-based spiritual practices.



- 1.GD Naidu Car Museum- The museum features an extensive collection of vintage and classic cars, showcasing the evolution of the automotive industry. Notable models include those from Rolls-Royce, Cadillac, and Mercedes-Benz.
- 2. Madurai One of the oldest cities in India, known for its rich cultural heritage and historic temples. A historic Hindu temple dedicated to Goddess Meenakshi and Lord Sundareswarar. A 17th-century palace known for its architectural grandeur.
- 3.Rameshwaram- significant pilgrimage destination for Hindus, located on Pamban Island. Ramanathaswamy Temple is Famous for its long corridors and 22 sacred wells. Agnitheertham A holy sea bath location near the temple.
- 4. Dhanushkodi- A ghost town at the southeastern tip of Pamban Island, offering a unique landscape where the Bay of Bengal and the Indian Ocean meet. Notable for its ruined buildings and serene beaches.
- 5. Pamban Bridge- India's first sea bridge, connecting the town of Rameshwaram on Pamban Island to mainland India. Offers breathtaking views of the ocean and is an engineering marvel.

#### HIGHLIGHT OF THE TRIP



#### Gedee Car Museum, Isha Foundation



#### Adiyogi Statue, Linga Bhairavi, Dhyanlinga



#### Suryakund and Chandrakund, Light Show



#### HIGHLIGHT OF THE TRIP



Meenakshi Amman Temple, Ramanathaswamy Temple.



Dhanushkodi, Pamban Bridge, Agnitheertham.



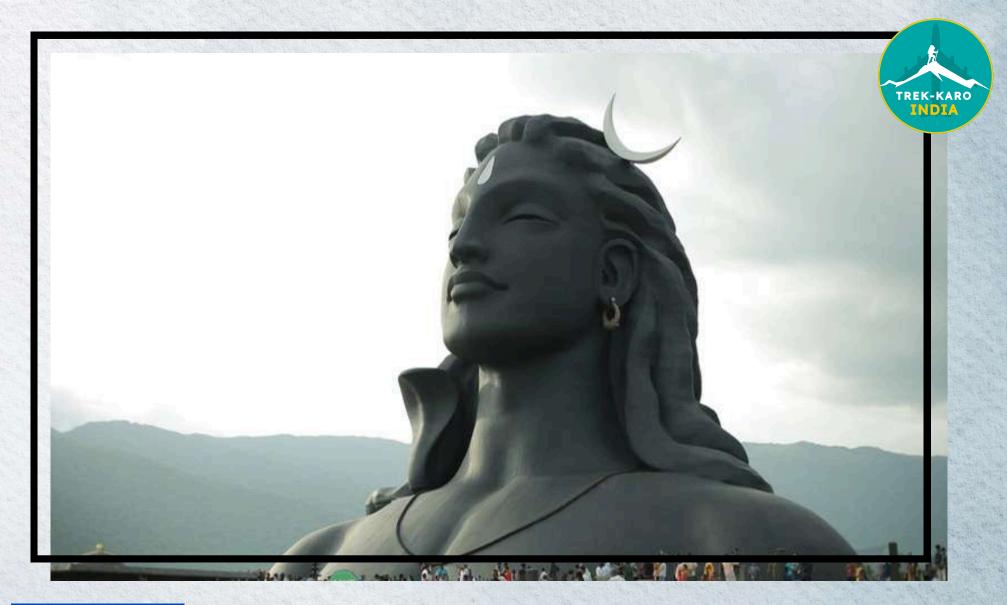


# DAY 0 PUNE TO COIMBATORE

- Board Train from Your Respective Pickup Point.
- Mumbai LTT 10:00 PM
- Pune Station 01:30 AM [on DAY-1]
- Coimbatore 08:00 AM [on Day-2]

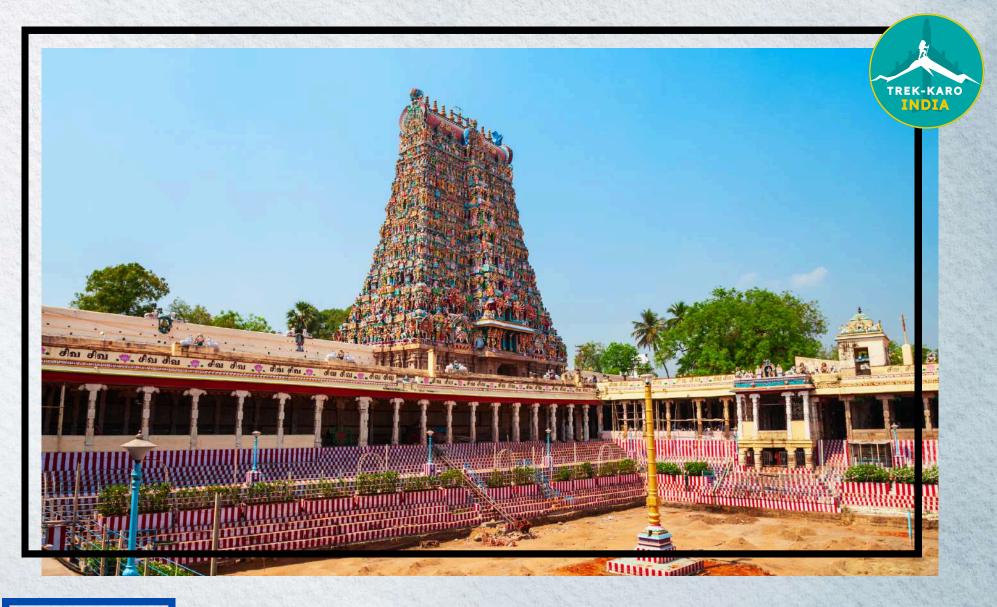
# DAY 1 TRAIN TRAVEL

Enjoy the scenic train journey.



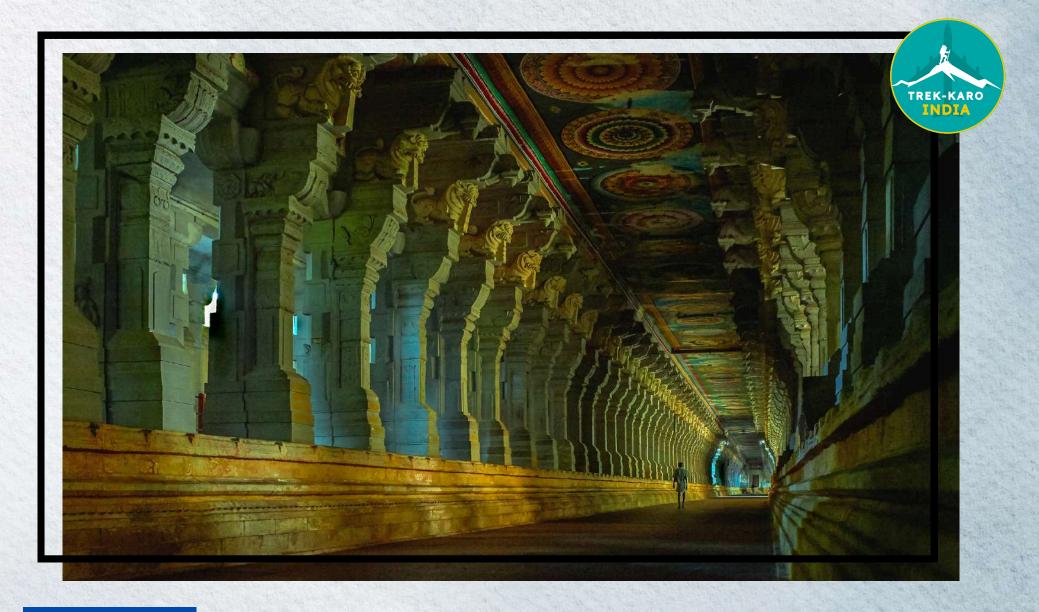
# DAY 2 COIMBATORE TO ISHA FOUNDATION

- Reach Coimbatore & Have Breakfast. & Check into Hotels
- Leave for GD Museum. (Optional)
- After Lunch We Will Leave for Isha Yoga Centre & we will proceed to Adiyogi Statue - It is recognized by the Guinness World Records as the "Largest Bust Sculpture" in the world.
- After That We Will Experience the Magic of Peace & Meditation at Dhyanalingam.
- At 7 Pm We Will Witness the Beautiful Light Show at Aadiyogis Statue.
- After light Show We Will Leave for Hotels & Have Dinner & Enjoy Some Group Games as Per Interest of Participants & Rest Overnight.



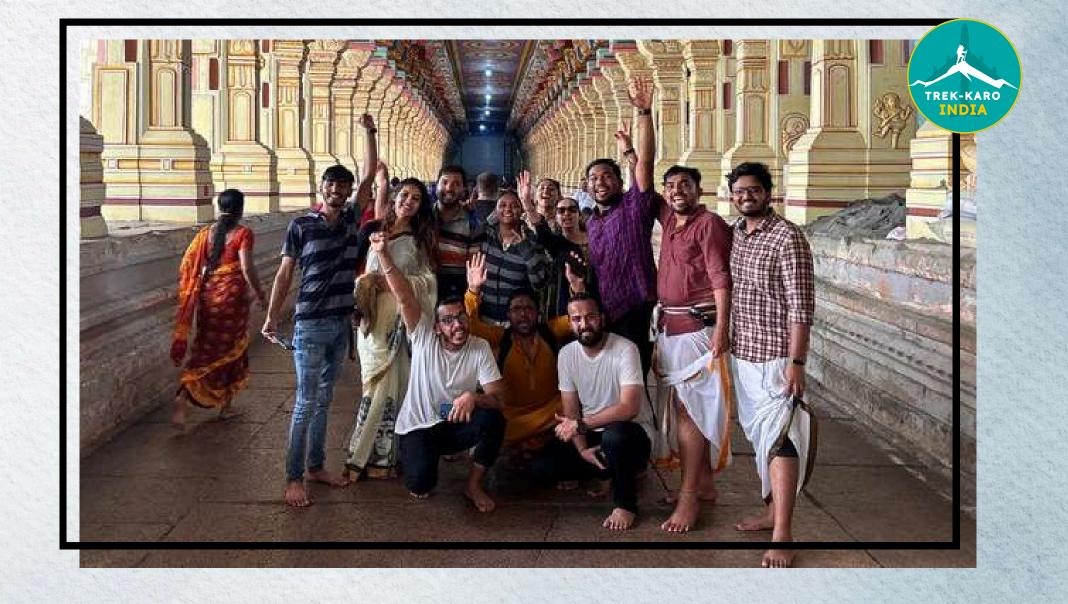
### DAY 3 MADURAI - RAMESHWARAM

- Early Morning, We Will Leave for Madurai & Have Breakfast Enroute.
- We Will Visit Meenakshi Devi Temple Which has 1000 pillars, a sacred pool with a golden lotus You Can Take Their Ritual Bath.
- After That Explore Tirumali Naykar Mahal & Have Lunch. (if Open)
- Then Head Toward Rameshwaram.
- Enjoy 3 hours of Beautiful Journey Which Leads to Scenic Route with Oldest Train Bridge (Pambam Bridge).
- Reached & Check into Hotel.



### DAY 4 RAMESHWARAM - DHANUSHKODI

- Wake up Early Morning & Visit Ramanathaswamy
   Temple It's an Ancient temple dedicated to Shiva with 1200+ pillars. (7Th jyotirlinga)
- Then Back to Hotel & Check out.
- Visit APJ Abdul Kalam House which is now converted into a museum & Have Lunch.
- Explore Dhanushkodi. It Has the Last Road of India
- After That Head Towards Coimbatore. Enjoy Sunset from Pamban Bridge.
- Reach Coimbature late Night & Check into Hotels & Rest.



# DAY 5 COIMBATORE TO RESPECTIVE CITIES

 Check out, then Catch your Train to Your Respective City.

# DAY 6 REACHED BACK TO HOME

 Reach to Pune/Mumbai. [Trip END with Craziest Memories.]

#### THINGS TO CARRY





ID Card (Aadhar Card)



Water Bottle (Min 2L)



**Proper Shoes/Slippers** 



**Extra Pair of Clothes** 



Shawls or Blankets (For Travel)



Toilet Kit
(Toothpaste, Brush, Handwash, etc.)



Socks (4 pairs)



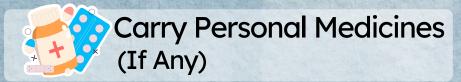
Jacket,Trek Pant, Headlamp



Plastic Covers for Wet Clothes



Waterproof Ziplock Bags (For Electronic Items)





Single Rucksack



**Light Snacks** 



Camera, Drone, Power Bank, etc.



Personal Hygiene Kit



Cap, Sunglasses, Scarf, Wololen Cap



Synthetic Hand Gloves



Thermals (2 pair)



Raincoat, Poncho



Backpack 20-30L (With Rain Cover) (ForTrek)



Please Carry Some Positive Mindset

## INCLUSION



- Pune to Coimbatore & Return Train Travel.
- Coimbatore to Coimbatore Traveller Bus.
- Total 6 Meals.
  - Day-2- Breakfast & Lunch or Dinner.
  - Day-3- Breakfast & Lunch or Dinner.
  - Day-4- Breakfast & Lunch or Dinner.
- Sightseeing tickets in Coimbatore Only.
- 3 Night Accommodation /Stay. [AC Rooms](Gender wise Sharing)
  - 2 Coimbatore/Nearby- [Hotel-3/4 Sharing]
  - Rameshwaram/Nearby- [Hotel-3/4 Sharing]
- Trek-Karo India Trip Leaders.
- · Basic first Aid.

#### EXCLUSION

- 5% GST During Checkout. (GSTIN: 27BOOPJ4306K1ZO)
- Any food except Mention in inclusion.
- Any Darshan tickets or Temple tickets in Madurai & Rameshwaram.
- GD Mesuem Fees. (All)
- Mineral Water/Soft Drinks.
- Any food During travelling.
- Anything Not Mention Under Inclusion.



### PAYMENT POLICY

Please click on the link for more details

#### TERMS & CONDITION

Please click on the link for more details

#### CANCELLATION POLICY

Please click on the link for more details



#### IRCTC TICKETING POLICIES AND DISCLAIMER

We Would Like To Bring To Your Attention Some Essential Points Regarding The Ticketing Process With Trek-Karo India, As We Operate Through Irctc Certified Agents.

#### PLEASE TAKE NOTE OF THE FOLLOWING:

Ticket Confirmation Probability: Our System Generates Tickets Based On The Maximum Confirmation Probability, Taking Into Account The Remaining Days Until Your Departure. However, We Cannot Guarantee A 100% Confirmation For Waitlisted And Rac Tickets Each Time. It Is Crucial To Understand That Trek-Karo India Does Not Exercise Control Over The Confirmation Process, As Irctc Is A Government Body.

Seat Status And Responsibility: There Is A Possibility Of Receiving Rac (Half Seat) Or Waitlisted Tickets Instead Of Confirmed Seats. Trek-Karo India Is Not Responsible For Unconfirmed Tickets, Given The Nature Of The Irctc System.

Train Cancellations Or Route Changes: If A Train Is Cancelled Or Its Route Is Altered For Any Reason, Trek-Karo India Will Not Be Held Responsible. However, We Will Provide An Alternative Solution At An Additional Cost.

Booking In Advance: To Increase The Likelihood Of Securing A Full Seat On The Train, We Recommend Booking Your Trip At Least 20 Days In Advance. Seat Availability Varies Based On The Season, And During Peak Festive And Tourist Seasons, Obtaining Confirmed Seats May Be Challenging.

Agent Assistance And Alternatives: Our Agents Will Contact You To Propose Alternative Train Options With A Higher Chance Of Confirmed Tickets. Please Note That Opting For These Alternatives May Involve A Monetary Difference In The Ticket Amount, And You Will Be Liable To Pay The Additional Cost.

Chart Preparation And Predictability: While Our Predictability Tool Aims To Optimize Ticket Confirmation, There May Be Instances Where Predictions Fail, Resulting In Rac Seats After Chart Preparation. Trek-Karo India Is Not Responsible For Providing Full Seats Or Issuing Refunds In Such Situations, As It Involves Government Transport Regulations.

Premium Trains: Premium Trains Such As Rajdhani And Duranto Have Fares That Are 50% Higher Than Regular Trains. However, They Offer The Highest Confirmation Probability, Providing A Viable Option For Travellers Seeking Assured Seating.

Last-Minute Cancellations: It Is Important To Note That Last-Minute Cancellations May Not Always Be Feasible, Considering Our Agents' Fixed Time Slots And Various Associated Factors.